



Lake Macquarie Field Archers Infectious Disease Control Plan

As of 1/7/20

Guiding Principles

This plan is based on the guidance of the [3DAAA Infectious Disease Control Policy – May 2020](#)

Overriding all, LMFA commits to complying with the requirements of

- NSW State Government (<https://www.nsw.gov.au/covid-19>) ; and
- Australian Federal Government (<https://www.nsw.gov.au/covid-19>)

The speed with which our club can return to normal activity will be dictated by the willingness of members to comply with this policy. We thank everyone for your best efforts at compliance at all points.



Australian Government
Department of Health

Current LMFA Range Status – As of 1/7/2020

- Club competition events recommence as of 4/7/20
Revised club calendar available at www.lmfa.com.au
- Bush ranges have been inspected and are reopen for normal activity
- Maximum number of people on-site = 500
- Social distancing, hygiene and sign-in protocols to be observed
- Members may attend the range for the purpose of working or meeting on club grounds, subject to the gathering number limits and observation of the rules listed below.
- Club grounds are available for work groups, meetings and individual archery practice on the practice butts, subject to the gathering number limits and observation of the rules listed below



Before Leaving Home

- **ONLY ATTEND THE RANGE IF YOU ARE IN PERFECTLY GOOD HEALTH.**
If you have any cold or flu symptoms, fever, cough, sore/scratchy throat, shortness of breath, loss of smell, loss of taste, runny nose, muscle pain, joint pain, diarrhoea, nausea/vomiting or loss of appetite we ask you to **PLEASE STAY AWAY** until you are well.
- Likewise, if you have been in contact with a known or suspected COVID-19 case, please stay away, and observe Federal and NSW Government Self Isolation rules.
- We recommend that you check the LMFA group page on Facebook to coordinate with other members and avoiding busy times.
<https://www.facebook.com/groups/764185786961461>
- Please consider downloading the Australian Federal Government [CODISafe APP](#) on your phone



At the range

- STRICTLY NO MORE THAN 500 PEOPLE ON THE CLUB GROUNDS AT ANY TIME.
 - PLEASE CHECK THAT YOUR MEMBERSHIP IS UP TO DATE FOR 2020.
You can rejoin online at www.lmfa.com.au/membership
LMFA will rely on your recorded email, phone and address details to official contact tracing if required, so please let us know if your details have changed since when you renewed your membership.
 - ALL ATTENDEES AT THE RANGE MUST SIGN THE REGISTRATION BOOK AT THE CLUBHOUSE, including time of arrival and departure.
 - Non-members of LMFA are welcome to attend the club in line with standard visitors and cross-participation policy, but they MUST provide a contact phone number or email address on the sign-in sheets at the clubhouse.
 - BRING YOUR OWN PEN.
 - BRING YOUR OWN SCORING CLIPBOARD
 - BRING YOUR OWN FOOD AND DRINK BOTTLES. PLEASE – NO SHARING
 - WASH YOUR HANDS WITH SOAP AND WATER, OR WITH WATER FREE SANITISER
 - On arrival
 - After sneezing, touching your face or using the toilet
 - Before Leaving
- Hand sanitiser and soap will be provided on site, however as we are not always there, we can't guarantee that they will be there when you are. It is a good idea to bring your own sanitiser with you.
- MAINTAIN PHYSICAL DISTANCING AT ALL TIMES. Please stay 1.5m away from other people.
 - USE YOUR OWN EQUIPMENT. Do not share equipment.
 - If you are using club equipment, ensure it is sanitised BEFORE and AFTER you use it.
 - PLEASE USE EVERY SECOND PALLET PLATFORM on the shooting line at the practice butts.
 - All archers to PULL THEIR OWN ARROWS

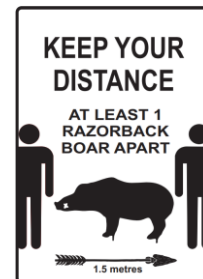
MAXIMUM
500

MEMBERS

VISITORS
WELCOME!
PLEASE SIGN IN
AT OFFICE



Please use
hand
sanitiser



Cleaning

- Clubhouse communal area will be cleaned at the beginning of each day of activity.
- High touch areas will be cleaned regularly throughout each day of activity
- Gloves, cleaning and sanitising equipment will be made available to volunteers conducting cleaning activities.



After your visit

- If, after you have been at the range, you or someone close to you becomes sick, please advise LMFA immediately.
- The designated person for coordinating contact tracing information at our club is:

Micheal McRae president@lmfa.com.au 0412 341 179



A Last Word

If anyone is found to have attended the grounds in breach of any of the listed rules and requirements, they will be subject to the LMFA Disciplinary Policy as outlined in our constitution. Please note that we have installed surveillance cameras, so will have ability to monitor who is attending the grounds.

But I know we can rely on you all to do the right thing. Thank you very much for your cooperation.

LMFA Committee 2020